

RCH-Newsletter



RAINBOW CHILDREN HOME-NEPAL

Vol. 4 No. 1 May - 2013

Rainbow Newsletter – May, 2013

1. Message from the President

I am so happy to bring out this another edition of RCH Newsletter (Vol4, No.1, May, 2013).

It is a Reflection of our Rainbow Children Home and Rainbow Handicraft Project. One of the aims of this Newsletter is to provide information about our news events, updates and the progress of children home and handicraft project.

We the RCH management and family are very much grateful for all those who are helping support, care and contribute to us in various ways. I would like to extent my gratitude to all the people who are helping Rainbow Children Home and Women Handicraft Project through donation and marketing, through your valuable suggestions and promises to sell the product in your respective countries. I'd like to thank all the kind people who directly or indirectly helped and supported us.



**GomaDhakal
President**

2. Our Progress

We always try to improve the quality of life for the children. We always think about children and their bright future. We are also thinking about their good health and hygiene. Now here in Pokhara, Drinking water is a big problem. Our government cannot supply drinking water according to the public demand. So every week we are buying 2 times drinking water from the tanker. Big children also go to get water from the public water tap with sitting in a long queue. We want to solve this

drinking water solution forever. So, we are planning to dig water well in RCH corner. We need water for drinking, washing clothes and for washing and dying threats for handicraft as well.

3. Water Well Project:

“Water is life.” But here in Pokhara it’s very difficult to get water. In our tap wind comes more than water. Yes, water also comes from the tap but only 1 hour in 2 days. So the children go to sit in a long queue near by the water tank. To solving the drinking water problem, we have already started water well project. And already we have digged 45feet deep hole. In the nearby guest house and hotel already digged water well, so we though this could a best option in RCH for enough water. So we decided and get suggestion from the Engineer. And we talk with water well specialist technician and started it.



We are working manually not using machine, because using machine will cost a lot. After 45 feet below there will be lack of enough oxygen so the technician using indigenous knowledge for getting oxygen. So they put a fan on the top of floor and using a cloth like a pipe and they ON the fan and the wind goes into the hole, then the worker can get enough oxygen. They are using it since long back said the technician. We are excepting water after 55 feet deep hole. After coming out the water, we have to put metal rings inside the well and we will get water easily.

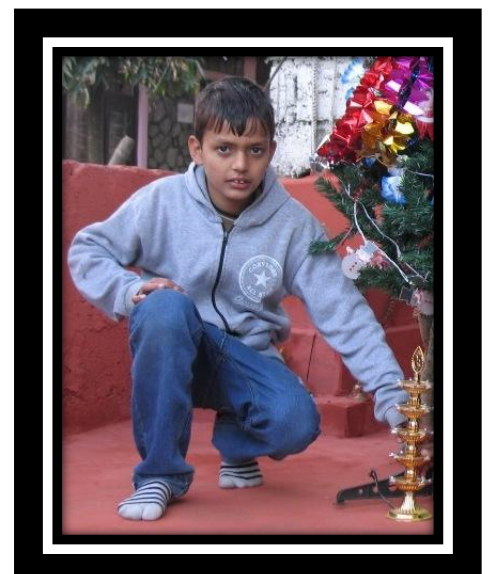
4. New Children in RCH

In this period we have added one more children in our home. He is not other than Ritesh Katakhethi.

Name: Ritesh Kalakhethi

Date of Birth: 29 July, 1998

Ritesh Kalakhethi joined Rainbow Children Home in January, 2013. He was brought here from Jhapa by one of his brother. Who is working in a shop at lakeside. Ritesh age is now 14 years old. He has two brothers one is in Saudi Arabia and not contact with Ritesh family since long back. His parents are so old and can do any work, they do not have income



source. Their family's only one hope was their big son, who was not in contact since long back. Then, Ritesh another brother and Ritesh left school due to lack of school fees. Ritesh brother found a job at Pokhara in a shop. After one year back his brother brought Ritesh in Pokhara and contact with RCH. His brother's wish was to give education to her brother Ritesh. So he came to RCH and requested with the president for giving a small place for Ritesh. After hearing the situation and finding the interest in education of Ritesh. RCH management decided to put Ritesh in RCH home. After a week, RCH admitted him in a governmental school, and now he is studying in class 8. He now became a good boy and doing well in his school. RCH trying to make his future bright.

5. Education Progress of the Children.....

SLC (School Leaving Certificate) exam is a very important examination in Nepal. This is also called Board exam and also called IRON GATE exam. After pass out from class 10 students starting for preparation for this SLC exam. This exam starts same day all around Nepal and ends same day. After pass out SLC student can go for higher level studies like 10+2, Intermediate etc. And the student can choose his best and interested subjects like Medicine, Engineering, Accounts, Law, Management, Arts, Humanities, and Sciences etc. For the first time from Rainbow Home Kamal Khanal is talking this Iron Gate exam. He is the first boy taking this important exam. The exam was started from 14th of March and it ended on 24th of March, 2013. According to him, he did very well in this exam and he expected very good result. Before starting this SLC exam there was test SLC and Kamal scored very good marks so we all expected very outstanding score from him.

A good news that all of the children from Rainbow Children Home were promoted in the next class. So we would like to Thanks to all our supporter

National Inventive Higher Secondary Boarding School Lake side, Pokhara-6, Kaski Estd:2055							
PROGRESS REPORT CARD Annual Examination-2069							
REG NO : 067/075		NAME : LAKCHIN B.K.					
CLASS : UKG		SEC : B		ROLL NO : 2			
SN	SUBJECTS	FULL MARKS	PASS MARKS	OBTAINED MARKS			CLASS HIGHER
				TH.	PR.	TOTAL	
1	NEPALI I	100.0	40.0	98.0		98.0	98.0
2	ENGLISH	100.0	40.0	99.0		99.0	99.0
3	MATHS	100.0	40.0	100.0		100.0	100.0
4	SCIENCE	100.0	40.0	98.0		98.0	99.0
5	NEPALI II	50.0	20.0	48.0		48.0	48.0
6	ENGLISH II	50.0	20.0	47.0		47.0	48.0
TOTAL		500.0	200.0	490.0		490.0	
RESULT: PASS				Percentage : 98.00			
DIVISION: Dist				Position : 2			
KEY TO GRADE		KEY TO PERCENTAGE		PERSONAL DEVELOPMENTS			
A - Excellent		80% and above - Distinction		1. Home work activities			
B - Good		60% and above - First Division		2. Personal Appearance			
C - Satisfactory		50% and above - Second Division		3. Discipline			
D - Poor		40% and above - Third Division		4. Extra activities			
Remarks		Attendance		5. Conduct			
Promoted to the next class		50		6. Rhymes			
		51					
Date : 2069/12/26				Class Teacher		Principal	

and well wishers for the children great achievements. Some of the children scored remarkable marks in their classes.



6. Children received Prizes

We are happy to share good news that our few children were able to get the prizes in their school. Recently children school celebrated their school day (Parent's day) also the school distributed the prizes for the academic and sports activities. National Inventive Boarding school and BUDS Foundation celebrated their school day. Almost all the children got the prizes. Some achieve prize in the academic section and some got in sports section

7. Picnic

Every year we are organizing a picnic for the children and the staff of Rainbow Children home and Handicraft project, this time we had picnic on 13th of December, 2012. Nepal, each and every one will have a picnic in the month November-December between 16 Nov to 15 Dec (Mangshir Nepal Callander). This is known as PICNIC month also. In the previous month, Oct/Nov (Kartik in Nepali) there were festivals, one festival called Deepawali, in that



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festival people get together and organize Bhailo-Deusi program (A cultural program) and will

be use for this PICNIC. Likewise, RCH children and handicraft workers also expected for a picnic. We have organized this picnic and went in the morning to the picnic spot by a big bus. The spot was near to the lake.

(Begnas Lake). It is like a beach in a sea. In Nepal there is no sea and no beach. So it's like a beach because it is just closed to the lake. At 7:00 am we all get together at RCH home, and heading to the spot by bus. At 8:00 am we reached to the spot and

starting for breakfast. We made ready breakfast at 8:30 am and distributed to the all. After that, at 11:00 am we have another food, it a light food. We had

chicken, beaten rice and vegetables. After having this food, we all starting dancing and singing. Children always ready for dance, and at the same time handicraft workers also starting dancing and we have lots of fun. At 3:00 pm we have a big meal. It's big meal, lunch. We had plough, mutton, paneer, mixed vegetables, pickle, papad, salad, lots of food in this meal. After having this big meal we again started dancing and singing. Each and every one dancing and enjoying the whole day. At 5:00 pm we wrap up the picnic program and back home at 6:00 pm. When we got home, we all were tired. We all had a very good day and had lots of fun. All the children became so much happy with this picnic.



8. Pizza Party

On 2nd of March, 2013 Saturday, well all went to the park near by the Phewa lake and we had Pizza and cold drinks (Fanta, Coke). After having the pizza and coke all the children starting playing in the park. It was really fun and all the children had lots of fun in the same park. Some children playing football, some playing volley ball and some playing other games and have lots of entertainment and fun.



9. Children Home Visit

I went to visit Sujata to her village. Sujata was spent about 2 years in our RCH home. Her house is very remote place, it's very far away from Pokhara. It took 4 days for us to visit her home. The road system of Nepal are not good, and Sujata's home is in very remote



place so it took quite long time. She is studying in Shree Gaumati Namuna Higher Secondary School. Sujata went from this home before 5 months. She will be

writing letters and sometime make calls to her friends at RCH. She is studying in her village and helping her family.

We also went to visit Puja's home and visited her family. She also spent about 2 years at RCH home and went to stay with her mother. Now she is studying in her village school and staying with her mother.



10. Festival and celebrations

i.) Christmas Celebration:



Every year we are celebrating Christmas Festival at Rainbow Children Home on 25th of December. We have invited to the board members of Rainbow Children home and we have also invited to the workers of Rainbow Handicraft project. On 24th December we have cleaned the all house and its premises. We painted new in the Christmas Tree area. We have put the same Christmas Tree the previous one. We have put lights in a garden area. We made the gifts to the

children on the 24th December. On the 25th of December, Christmas Day, from the morning all the children are so much excited and playing Christmas music at RCH. We have decorated Christmas tree and kept all the gifts under the same tree. All the children and staff received the Christmas gifts from President Goma. At the same time Rainbow



Children Home honour to Narayani, Enoch, Khim, Durga and a president of local mother's group. They were honoured for their effort as social work in the society.

We have also invited former member of Nepal Tourism Board, he was the chief guest of this program.

During Christmas celebration, we have distributed Christmas food for all the children and invited guest and members. Children are excited to take a photo with Santa-Claus. In the evening children perform the cultural

program with dancing in Christmas Song. The whole day was really wonderful and amazing. All the children and each member enjoy this day and had lots of fun. Every year we enjoy Christmas celebration.



ii.) New Year's Celebration

We have celebrated New Year's Day with the very special activities. Here in Pokhara every year from 28th of December to 1st of January a big festival is organizing by Restaurant and Bar Association, it is called "**Street Festival**" all the restaurants, bar and small shops were in the street. No vehicles are allowed to move in the road, for this one week in Lakeside (2 km) area, only people can walk there. In the street there



were different kinds of fun games and restaurant. All the people from Pokhara valley visited this place, also many people came to visit from outside Pokhara. Our children visited this place many times. In this festival there was swing, children train, disco dance game, Car and Motorbike driving together in a wooden cave.

Small car riding for the children, wooden horse for the children and many more. Our children also enjoy these different games in this festival. We also put one stall of our handicraft project and we were able to sell some bags in the street. Bhumika Chalaune our one child also selected for the volunteer in this festival. She is in scout in her school, so she is selected as a volunteer in this festival. All the children had lots of fun in the New Year's festival. In the last day of 2012, (31st December, 2012) mid night fireworks were done in the festival area, children were not participated in the fire work but we have seen from our home the fire in the sky from our home roof.

iii.) MahaShivaratri 2013

In the month of March we have celebrated a festival called Maha Shivaratri. This festival is one of the religious festivals in the Hindu religion. The festival is celebrated every February/March. This festival is mainly worship for Lord Shiva. All the Hindu people take part to celebrate the festival. Hindu people who are very traditional will fast on this day. In the evening a big bon-fire is lit in different places of every community. When the bon-fire starts,



people who are fasting offer Cow's milk over the big bon-fire and have food. Another interesting part of this festival is Sugarcane. All the people hold sugarcane in their hand and when the big fire burns, the sugarcane is put into the fire (about 2 feet of sugarcane is inserted into the fire) after getting hot and nearly melting, the sugarcane is taken out and hit against a big stone. This process causes a loud noise and people enjoy this noise. This kind of noise comes one after another and comes from different places. All the young people holding sugarcane for making big sound by striking hot sugarcane to the stone. Another interesting part of the festival is that people are allowed to smoke marijuana. Government and officials can do nothing if someone is smoking marijuana (GAJA) in that very day.



It is believed in Hindu epic that Marijuana is the lovely thing of Lord Shiva. So, to get Shiva's Love on this special day many people smoke the marijuana. Groups of people sing religious traditional song of Lord Shiva all night long around the bon-fire and temples. Our children also holding a sugarcane and went to the big bon-fire nearby our home, some big children made big sound by striking hot sugarcane in the stone. Children always enjoy this festival. This time little shower rain fall during the bon-fine time (7:00 pm to 10:00 pm) then the rain stopped and religions people starting singing religious song in around the bon fire. Every year in the Pashupatinath Temple at Kathmandu, thousands of Yogi comes for celebrating this festival from India and other countries.

11. Children Trekking:



During children school vacation children, staff and volunteer went for 3 days and 2 nights trekking. Every year children go for trekking, it will be good for them to see new places, experience new culture and new things. Also it will be a great opportunity for them to study about new places. This time children went to the Australian Camp, Dhampus and Sarangkot. All the children, staff and the volunteer have lots of fun and wonderful memories and experiences.

12. Movie Show:

Almost all the children (except very small ones) went to have a movie on Saturday (holiday). The movie was "3D". Children have a wonderful and amazing experience of 3D movie. And this 3D movie is the first Nepali movie in Nepal. All the children and the staff enjoy this movie and had a great fun and experience.

13. Birthday Celebrations

Every month we are celebrating birthday parties at RCH. From January to March, we have celebrated birthday of Kamal Pokharel, Deepak B.K. Binita Lamichhane, Anita Ranabhat, Abhinav Lamichhane, Kamal Khanal, Aayush Sapkota, Manipa and a Spanish volunteer Marian. Also we have celebrated



birthday of President Goma in the month of February with the children. Children are always happy to get opportunity to celebrate their birthday at RCH. We cut the birthday cake and distribute the chocolates to all children at RCH in every birthday celebration.

14. Water Well Project

Here in Pokhara city drinking water is huge problem, our government can not supply drinking water according to the public demand. So that so many people buying drinking water and paying high cost. Many people are solving drinking water problem by digging



boar, digging well and tube well. Around our place, Lakeside, there were many water well has been digged. We the RCH family also decided to digged water well in our yard for solving water problem forever. Our project for the drinking water is under construction. Till this date more than 60 feet deep hole has been digged and little water is seen in the hole. We have put out water from the hole with the help of water pump. Now we have to put rings in the well, it will take more one month or two for the complete the water well. We need more water because we need water for handicraft also. For dying, washing and cleaning the thread we need enough water. We hope that this well water project will solve our problem.

15. Septic Tank Full and Repair

We got emergency problem of Septic tank. Unfortunately the toilets and jammed and we have searching what happen in our toilets, we brought the plumber and found that our septic tank was full. The in the emergency we open our septic tank, throw out the dirty things from the tank. It was small tank built in the beginning so after cleaning the septic tank we re-build it, and make is large one, We are more than 50 people here at RCH, so we need big septic tank. So the septic tank works also under construction. But this will completed very soon.



16. Visit from American Library Members

A group of librarians from the Library of American Embassy came to visit our children home. They visited our children library and impressed from our children library, as a librarian they expressed their views and suggested our children for visiting library frequently. Also one member from the Pokhara Public Library invited our children to visit the public library and get more new knowledge. Also they donated Foot Ball to our children.



17. Rainbow Handicraft News

Rainbow Handicraft projec is growing smoothly. Now there are more than 60 women working and getting benefited from handicraft weaving. 12 women are working full time at handicraft workshop, and about 50 women are weaving hand looms at their home. They took thread (rope) from handicraft workshop and bring the clothes, they will work at their home in their leisure time, like after finishing their house hold work, after sending children to the school and after cleaning clothes and utedcils. Also some new women comes for learing handicraft and weaving. We freely teach them and give them job after learning complete. Recenlty we are starting making toys. Many visitor liked our toys but we still not find a market for toy and bags.

We always update our website: www.handicraftnepal.org and putting new designs and new models in our website.



18. Current Projects

Very soon we are going to start a **Technical/Vocational Training Centre** to make self dependent for the adults from our local community. Also we are starting a **Tourist Office** for supporting and helping tourist coming to Rainbow Children Home for visit, for volunteer and for travel. We will run a **Guest House** also and volunteer who came to RCH as volunteer placement will stay in this volunteer guest house. These three projects we are starting from the help and supporting from CIDEN, a Spanish organization.

19. Future Plans

Our plans are always to make a big welfare organization and add more children ever year. Furthermore, our most important future plan is to buy land and make a building of our own. It's a RCH dream project.

And our another future plan is to establish Rainbow Handicraft Project a huge handicraft product industry and we want to engage more oppressed and poor women in our community as a employee in the project. We want to sell our handicraft products throughout the world, at least in some big famous cities. Also, our plan is to welcome more sponsors, volunteers, visitors and well wishers to come to the home and interact with the children by helping with their education, shelter, health care and much more.

If you have any comments or suggestions, please do not hesitate to feed back us, your valuable comments and suggests will be the main instruments to make this home best place for the children. So, you are always welcome : **orphancarenepal@gmail.com**

I would like to request that after reading this Newsletter you please forward it to your family, relations and friends. It is our humble request to advertise our home to the whole world. I believe this quarterly Newsletter is a reflection of the vitality of our RCH; it includes our achievements, our creativity, our activities, our thoughts and much more....

Hope to see you again with a new publication of the RCH Newsletter next time!

I wish you all a very bright future. Our blessing and good wishes are always with you all.

Thanking you for everything.....

Khim

Secretary

- Thank you -

Rainbow Children Home- Nepal

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