



R.E.W.S.I.C.T.C.R

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Newsletter
May- 2014

A Loving Secure Home for Orphan

1. Message from the President:

I am pleased to inform you that we have publishing this electronic version of our Rainbow Newsletter. This Newsletter describes all the news from Rainbow Children Home and Rainbow Handicraft Project. First of all I am happy to bringing out this another issue of our Newsletter (Vol.- 4, No. 3, May, 2014)

I would like to Thank to all of you for your great help and supporting to this Rainbow Children Home and Rainbow Handicraft Project in many ways. Big Thanks to you all for your regular help, support, donation and care to us directly and indirectly. This Children home is dedicated to providing the orphaned, poor and marginalized children of Nepal with nutritious food, clean water, quality education and most importantly a loving, secure family and home. We will also provide them with a safe play environment where they can have fun, learn and develop the skill of social interaction. Rainbow Children Home Nepal is publishing this electronic version of Newsletter in quarterly basis. This newsletter describes our new updates and new development of Rainbow Children Home and Rainbow Handicraft Project.

We always need your kind help, support, suggestions and comments for developing this children home. We extend our sincere thanks to Philip Von Foundation, Fritz and Sybil von Phillip, Germany. We feel pleasure to express our deep sense of gratitude to Svein and Karin Dahle and all the Norwegian friends. We would extend our warm thanks to Rosemary-Tony, Mardi and Australian friends. This work would not have been completed without the co-operation with Rocio, Jose and CIDEN organization from Spain, so we are grateful to Rocio, Rose and CIDEN. We would like to express our sincere thanks to MediHimal Group from Germany, to Himalayan Footstep, to Greame Kent and Aussie Action Board from Australia, and all the sponsors, volunteers, visitors and well-wisher for their regular donations, sponsorships, and supporting through many ways.



Gaura
Gaura Bhukul
President

2. On Going Projects

We have now 5 projects in our hand.

1. Rainbow Children Home
2. Cow Farming (Livestock) Project
3. Vegetable Farming
4. Handicraft
5. Home-stay



All these five projects are running, besides this project we are running other training for the betterment of our children and the betterment of our community as well. Now we are running Computer Education (training) program since quite long time. At the same time we have organized a Master of Ceremony and News reading training, and handicraft training etc. All the trainings were designed for the children and their benefit.

3. Education Progress

All of our children were promoted in the next class. Almost children were scored outstanding marks in their classes. One boy name Deepak B.K. was able to come first in whole school. He became whole first in his school and class. He scored highest marks in Mathematics, English, and Science. Also Deepak scored highest marks over all in his school.

Actually what we want from them is good education. So all our efforts and investments will always goes for their quality and good education. We always think if we able to make them well education, their life will be sustain in the long run. And they will able to help and support to the community and Nation. Our primary aim is to make a good citizen. A good citizen can be an asset for a Nation. And our children will be an asset for our children home in the future.

4. New Kids at RCH

Rainbow Children Home is like a growing organism. In this period we have added 5 more children. All new children have critical condition of their life. Each month many emails, phone calls and application will come for putting children at RCH. And we select from the application and put them in RCH. Recently we have added Suraj Devkota, Amishat Giri, Amish Giri, Atit Giri and Ambika Ranabhat.



A.) Name: Suraj Devkota

Date of Birth: 31 October 2005

Suraj Devkota joined Rainbow Children Home Nepal on 20th of April, 2014. His father brought him to RCH home from Kathmandu. Their home is in remote place in Gorkha. His father's one hand is not in working condition and he has also mental problem due to an accident. He was beaten seriously by Nepal Police because of blamed of Maoist member during Maoist conflict in Nepal. He was sent to the jail for few years also. Then after release from the jail, he went to Arabian county to earn money, he stay 2 years in the Arabian county and came back home. He married and settled in the village. He started animal farming and bought some goats 3 years back. When he was cutting the tree leafs for the goats, he fell down from the tree and got an accident. His one hand's nervous system did not work and his head also had broken and had mental problems. He was stay long time in the hospital for the treatment of his hand and head injury. When he came back, his wife left him. His son became orphan because his father do not have income and cannot work because of his hand and mental problem. Then he went to government offices to request for supporting for his son. Finally he went to Social Welfare Council for requesting support for his son. And the Social Welfare council referred to Rainbow Children Home Nepal. And his father brought to RCH. Now Suraj is living in RCH and going to school with his friends at RCH.



**B.) Name: AmishaGiri
Amish Giri
AtitGiri**

These Giri brother-sisters came to RCH on 22nd of April, 2014. One of the member sfrom a social organization brought them to Rainbow Children Home Nepal. Amisha Giri (13 years), Amish Giri (9 years) and Atit Giri (7 years) old children are brothers and sister. 4 years ago, they were living with their parents in the slum area near by the river. When their father left his family and children they became in critical situation because their father was the man who bring bread at home. Their father was



only a man who can earn money for their family. Their mother was chronic illness of their respiratory disease. After missing their father she went to daily wage work for earning bread for the children. But their mother cannot work regularly due to her chronic disease, and the children cannot go to school, and cannot have enough food. One of the member of the social organization has seen this children life and came to me to taking about them. When I heard about their sad story I request him to bring the children to RCH. Now the children are at RCH and very happy to being here with us. I have admitted them in the school and now going to school with other children.

C.) Name: Ambika Ranabhat

Age: 10 years

Background

Ambika and Anita are sisters. Anita is now about 8 years old and studying in Buds Academy in Class One. She was here since 2 years back. At the same time we had got requested to bring both the girls at Rainbow Children Home, but due to our budget and infrastructure we could not able to bring Ambika that time. But I am receiving phone calls and people came for requesting me for bringing her sister Ambika regularly. Finally we were able to bring to RCH in this time.



Ambika's father already death from HIV/AIDS disease, and her mother also infected by HIV/AIDS. Her mother is in the hospital since long back. After brought her sister (Anita) to Rainbow home Ambika was sent to other villagers' home as a domestic servant. The people who took her home for working also promised to admit in the school. They admitted in the school also but she does not have time to go to school due to lots of work. She has to wash utensils, washing clothes, cleaning home and more house hold work. So she could not receive good education. So, other kind villagers were came to Rainbow home for asking me to bring Ambika in RCH. I am also so much interested to bring her because her sister Anita was here since long back. And I wanted for school admission for Amrita. Finally, our committee has decided to bring her to Rainbow Children Home.

Both the sister s are so much happy being together at RCH. Because their father already death and mother will die soon due to HIV/AIDS. So the sisters will be together and live life together. And we will help them for their, food, medicine, clothes, other essential things in life and more importantly their education.

5. Master of Ceremony (MC) and News Broadcasting Training

On 15th of April, 2014, we the Rainbow Children Home Nepal started a training program. "Master of Ceremony (MC) and News Broadcasting Training" program was inaugurated on 15th of April. The Chief Guest was President of Nepal Journalist Society (Krishna Poudel Bastola), another guest was President of Kaski Multi Media (Anurag Adhikari), another guest President of Namuna Mother's Group (Mithu Devi Adhikari), likewise the other guests were social worker Agni Poudel Kandel, Social workers Madan K.C., Govinda Pahari et al. The guests spoke about the positive aspects of the MC and News Broadcasting training and some guests spoke about the value of it. Welcome speech was given by our children Samjhana. She spoke very nicely. And there were about 25 children including Rainbow Children and other children home, and also participated Communication Child Club members. This training was organized for developing our



children communication skill and developed social interaction. It will help to the children for finding jobs in the F.M radio and television. Also it will be fruitful for finding jobs in the newspaper publications. This training also helps to develop confidence level and self-esteem. Also they can run a public program, cultural program and other program as a MC (Anchor). They can be an anchor in the radio and television in the future.

The teachers were from different media groups, F.M. Jockey, and Anchor of Radio and Television. Some experts were also come for sharing their professional life at Radio, Television and newspaper publication. This program was covered in the daily newspapers in Pokhara.

6. Essay writing competition



Rainbow Children Home and one of the children club named "Communication Children Club" jointly organized a "Spot Essay Writing Competition" in Pokhara. This essay writing competition was between among the children from orphanages in Kaski district. There were total 13 children participated. Deepak B.K. was the programme coordinator of this program. Deepak is a children staying in Rainbow home since the beginning. Deepak is Vice-Secretary of this Communication Children Club. He has organized many different programmes already. This Spot Essay Writing Program was supported by Children Network, Kaski. One child named Samjhana Paudel got the 4th prize in this Essay Writing program. First, Second, Third and Fourth prize were distributed.



7. Computer Training Program

We have opening computer training program. The computer training program inaugurated by our regular support Rosemary, Tony and her friends Sandy, Erika, Chloe, Mikayla from Australia. Many of our well wisher, sponsors and volunteers Svein and Karin, Fritz (VP International Foundation), Ms. Chandani Shrestha, Kerin, Silvia, Isabelle and Johannes were supported this computer training program. Big Thanks to the entire supporter for this computer training program. In the beginning we had 3 computer sets for practice but now we have added one more computer and also we have added a fan in the



computer training hall. Also we put two fans in training hall. In the opening ceremony we were invited all the board members of RCH, staffs and children. This computer training program is a very useful for the children. Here in Nepal still learning computer is very expensive. Almost all the children will go learn computer after complete their schooling. But children from RCH have got wonderful opportunity to learn computer in small



age. Thank you for you all for your great help and supporting our children are now learning computer.

8. Dhampus Trekking Program

Rainbow Children Home Nepal organized a Night Two days trekking for the children. Children and staff including Preside Goma went to Dhampus area, which is famous for sight-seen of Mountain View. Our regular supporter Rosemary and Tony supported this trekking program. Our big female children were participated in this trekking program. On 4th of March, 2014 Dhampus trekking was started from RCH in the morning and reached



one



to Dhampus about 3:00 pm and stay overnight there. In the next morning children visited the nice places and sight-seen around Dhampus and had a wonderful sunshine view. It was really nice view of sunshine and mountains. After having lunch at Dhampus children back to RCH Home at around 4 pm.

9. Pizza party

Our Children Love Pizza and enjoy RCH organizes a Pizza Parties. restaurant at Lakeside RCH and organized a PIZZA party. Our Rosemary and Tony has party. All the children and participated in this pizza party. the staff were so much happy with had lots of fun. Also children had cold drinks and ice-cream. All the children always excited for ice-cream.



it. So some time Recently, in a Rosemary and Tony well wisher supported this Pizza staffs were All the children and this pizza party and



10. Children got the prizes in the school

Our children received prizes in their school. On 20th of March, 2014 in the BUDS Academy. There was a prize distribution day of the school. Our children received prizes for the sports, education and hygiene.



11. HOLI Festival

Holi is a spring festival also known

as the festival of colours and the festival of love. It is an ancient Hindu religious festival which has become popular in Nepal. Holi is an important festival to Hindus. It is celebrated at the end of the winter season on the last full moon day of the lunar month Phalguna (February/March), (Phalgun Purnima), which usually falls in March, sometimes in late February.



The festival has many purposes. First and foremost, it celebrates the beginning of the new season, spring. In 17th century literature, it was identified as a festival that celebrated agriculture, commemorated good spring harvests and the fertile land. Hindus believe it is a time of enjoying spring's abundant colours and saying farewell to winter. Holi festivities mark the beginning of new year to many Hindus, as well as a justification to reset and renew ruptured relationships, end conflicts and accumulated emotional impurities from past.

Traditionally, washable natural plant-derived colours such as turmeric, neem, dhak, kumkum were used; but water-based commercial pigments are increasingly used.

All colours are used. Everyone in open areas such as streets and parks are game. Inside homes or at doorways though, only dry powder (especially red powder) is used to smear each other's face. People throw colours, and get their targets completely



coloured up. It is like a water fight, but where the water is coloured. People take delight in spraying coloured water on each other. By late morning, everyone looks like a canvas of colours. This is why Holi is given the name "Festival of Colours."

At Rainbow Children Home all the children and staff were played Holi at RCH premises. All the children were so much happy and enjoy this Holi festival. Every year we are organizing Holi festival at RCH, and this year also we have organized and already we bought lots of different colours. We have distributed colours to the children and they play with each other.



12. Table Tennis Competition-2014 [Winner "Ashish"]

Our child ASHISH KHANAL was an unbeaten winner of INTER CHILDREN HOME TABLE TENNIS COMPETITION- 2014. There are about 1500 orphan children in Pokhara reside in the different children homes. In this open Table Tennis competition there were 50 children participated from the different children home. From our children home Ashish Khanal and Sudip Gautam were selected for the competition. And Ashish was unbeaten; he won each and every candidate and became the winner of the tournament. The "Inter Children Home Table Tennis



Competition” was organized by Communication Children Club, Pokhara. This Children club is doing activities time to time for the children betterment in Pokhara.



13. Sirubari Home-Stay Tour

Rainbow Children Home Nepal usually organize trekking program 2-3 times in a year. This time RCH organized a “Two day One night Trekking Program”. This is a different kind of trekking, and it is called **"HOME STAY"**. This Home Stay Program was supported a Volunteer and our well wisher Marcia Watson from UK. There is a small and beautiful village call

Sirubari, it is 30 KM far from Pokhara. The people from that village run a Home Stay program. On 3rd of April, 2014 our children and some staff had started their trekking from Pokhara to Sirubari. Almost all the big children were selected especially female children were selected for





this trekking because boys were already been to the same place. We took a bus from RCH home, then we travel 3 hours by bus and one hour on walking. It was really amazing trekking, we have started our journey about 3:00 pm and reached to the destination village (Sirubari) at 5:00 pm. One the way to Sirubari villagers were came with music and garland. It was like a festival, people to welcome us with loud traditional live music, and garland for each person. I was a very warm welcome for us. They were dancing and making us so happy. According to the village community system we have to stay two people in one home. We were about 25 persons and we were staying different-different houses. Before going to bed, the villagers called us in one place, it is like a party place (hall), and looks like a Gumba (monastery). They organized a welcome ceremony with dancing with wearing traditional dress. We enjoyed their singing and dancing program till 2 hours. Then after we all went to our beds in the different homes. Next morning we gathered in the same place and had Nepali traditional breakfast together. And we all went for seen. We have seen the majestic Mountain View, wonderful village settlement of Sirubari and neighboring villages. At that time there was shower raining with sun. We were so lucky that we have seen beautiful rainbow after the shower rain. So Lovely view of the Rainbow. Then again, we gathered in the same place after sight seen. About 9:00 am we had Nepali traditional lunch together. And About 11:00am we all back to RCH.

14. **MAGIC show at RCH**

We have organized a Magic Show at RCH. One Magician name Andreu came to Pokhara from Spain. One of our volunteer Edu met him in Lakeside and brought the Magician to Rainbow Children Home. And the Magician interested for showing magic to our children. It was our golden opportunity to welcome the international magician in our children home. And we organized magic show with



collaborating to the Spanish Magician Andreu. All the children became so much happy with this wonderful magic. Children were puzzle during the magic show. Children cannot understand what is happening in the show. Magician brought egg from the children pocket. Lots of different items were performed by the Spanish magician. All the children have lots of fun and enjoy this magic show.

15. Our Children Participated in Big Cultural Show in a Big City Hall

Our children have got an opportunity to participate in a big musical program with National famous singers. The Program was held in a big city Hall on 17th of May, 2014. And the program was organized by Anupam Music,



Pokhara. The President of that “Anupam Music” NGO Mr. Anurag Adhikari came to RCH and proposed that he arranged a big cultural show in Pokhara city and he wanted to give opportunity to our children to perform singing and dancing in that big show. We were so happy

that our children will be seen big city hall in front of huge audience, and we directly accepted his proposal. Our children prepare for three songs, composed a dance. And Narayani also perform one beautiful song. Our children practiced a lot every day for 2 weeks



and became perfect. In the show when our small children sing a song in front of that huge audience all the people gave big hands to them. It was really amazing moments and event that our children were participating with the famous singers of Nepal. Also the singer came from Darjeeling and other

different parts i.e. Kathmandu. The program was one of the very successful programs in Pokhara. Next day all the local newspaper covered about his program also written about RCH children talents. The famous singers from Kathmandu and Darjeeling also knew about our children home and they decided to visit our children home. Next day the famous artist (singers) came to our home and we have warm welcomed them. All our children were so much happy to get this wonderful opportunity to welcomed those famous artist. This event could be an inspiration to our children. They share about the life, how they became like this famous, they said dedication and devotion can make life success, which could be an inspiration to our children.



16. Birthday Celebrations

We have celebrated children birthday at RCH home, in this period we have celebrate the birthday of Indrani, Srijana, Binita, Bhumika, Manisha, Kamal Khanal, Anita Ranabhat, Kamal Pokharel and we have celebrated birthday of GOMA. All the children present a gift to GOMA. As usual children cut the birthday cake and distribute it to other children including candies. Also children perform cultural show. All the children always became happy in the birthday programs.



17. Butik and Embroidery Training



We the Rainbow Children Home Nepal organized a **Butik \$ Embroidery** training. This training was for the girls only and the participants were from the age 14 to 16 age group. There were about total 7 girls from our children home. This training was for 7 days. After the Children school exam complete the **Butik \$ Embroidery training** will was started. This training has two aims, one is to teach some new thing for the girls, which will help and support their life in the future and another aim is to make them busy. It will help them to become creative.

New Fan put in the Training hall and computer room.



18.HANDICRAFT UPDATES:

Rainbow Handicraft Project is developing process. Now we are producing new models of the bags. We have established a new sell centre (handicraft shop) in Lakeside. Also we are selling whole cell and retails from our cell centre. We always need to extend our business to other countries. We always need your help and supporting for finding new markets to sell our bags throughout the world.



19. FUTURE PLAN:

Our new plans many more, but we have priorities some of them. Our first plan is to put fans in the children study room. And the second plan is to put ply wood in the ceiling of the same room, because this is hot season, and the hottest season is coming soon. So it is necessary to put fan and the ply wood in the ceiling of the study room.

We are planning to put marbles in the corridor and steps, because the carpets which we have put in the beginning



were became very old and dirty. Also the carpet which we have put 6 months before also damaged due to water. Most of the places around the corridor always wet because the bathroom is just neat to the step. So we are planning to put marbles all the ground of the corridor and steps.

Vegetable farm



Cow farm



Thank you

Once again we would like to express our gratitude to all the kind people who helped us time and again, through sponsoring children, volunteering, making donations, sending volunteers, and providing clothes, providing reading and writing materials, sending sports items and many more. We are very grateful to all the great people who are directly and indirectly supporting us. Without your wonderful contributions we could do nothing. So your contribution is appreciated.

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- Thank you -