

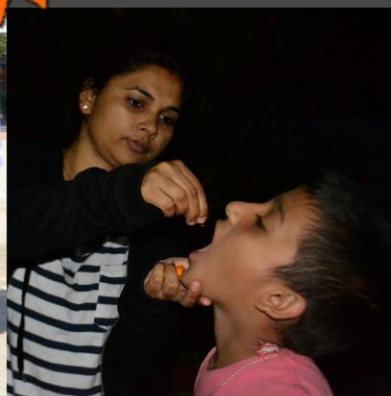
# Rainbow Children Home Nepal

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P O Box: 210  
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NEWSLETTER

Vol 5 | No: 1



[www.orphancarenepal.org](http://www.orphancarenepal.org)

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## #. Message from the Director:

It is a delight as we are publishing our regular edition of quarterly newsletter in this electronic version. This Newsletter is like a preamble of Rainbow Children Home and Rainbow Handicraft Project. I would like to express sincere Thanks to all the stakeholders for their continuous help and support to our organization Rainbow Children Home and Rainbow Handicraft Project in many ways directly and indirectly. This e-Newsletter is also a souvenir to you from us with lots of updated information regarding the developments in the last four months.



The newsletter contains all the activities of the last four months like festival celebration, children activities, organizational activities and new developments around the home. Currently we are in the second half of the annual year and the time is marked by children giving more time to their studies and school. We hope everyone will be delighted to hear the latest news and events of the house

Thank you !!!



  
Goma Dhakal  
President

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## 1. Pizza Party

In October 12, 2014 at evening in the children park a Pizza Party was organized for the children. The children went to the park and played for an hour. Then they rest for a while. At the same pizza was brought. The children enjoyed eating pizza with cold drinks. They were very happy to get the pizza.





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## 2. Community Cleaning

Since October 13, 2014, Rainbow Children Home Nepal has been participating actively in the weekly Community Cleaning Program. The cleaning program is around the home. Our bigger children also join the program in the morning during Saturday, public holiday. They are extremely happy to make their community clean. Along with our children there are other people from the public. It was from morning 7:30am to 9:30am. A New Community Cleaning Program was formed and Mrs. Goma Dhakal became the President. Every Saturday morning there will be cleaning program and our children will be participated. And coincidentally our community (Dikopatan) was recognized as the cleanest and awarded prize in January by the Pokhara sub-metropolitan City office.



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## 3. Birthday Celebrations of October 2014

In October 13, 2014 Tulasha and Suraj with RCH Supporter Dianne's birthday was celebrated with enjoyable. All the children were extremely happy. Mainly the birthday children were also glad. Suraj, he had first time experience of celebrating birthday party with the children and cutting the cake too. Our children enjoyed the birthday ceremony by receiving the gifts, eating cakes and chocolates and also by dancing.





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## 4. Visiting Khapaudi to See Paragliding

In October 16, 2014, our some children had been to Khapaudi where the paragliding lands after the flight from Sarangkot. Some new children got known how the paragliding lands and explored the nearby territories and activities around. After they had fish and beaten rice they came back home.



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## 5.Small kids at Fun Park

In October 9, 2014 the small kids had taken fun park. The children had 3rd experience of that fun park. There are many games related with the kids. Our children played train, jumping spring, rounding swing, drove small car, and many more. They had snacks and came home. Our new boys Suraj, Atit, Sagar Kunwar and Amish were very surprised to see the playing instruments in one place because it was their first visit in the fun park.





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## 6.4 Girls at Kathmandu and Chitwan

Some of the girls Bhumika, Samjhana, Asmita and Tulasha with Enoch and Narayani had been to Kathmandu and Chitwan for 4 days. It was a trip done together with our supporters family from Australia. The girls visited the Kathmandu City first time as well as Chitwan too. They were very excited to see the temples and traffic in Kathmandu valley.



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## 7. Ablendazole and Vitamin A Capsule

The government of Nepal provides the ablendazole and Vitamin A Capsule twice a year for every people in free cost. Alike all the children, our children also had the ablendazole and Vitamin A Capsule in time. It was brought here by Durga Lamichhhane and she helped the children to take.



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## 8. Festival of Light, Tihar

In October 21-25, 2014 Tihar, a five-day-long festival, was celebrated in Nepal which comes soon after Dashain. Similar to Deepawali but with a regional variation. Tihar in general signifies the festival of lights, where diyas(light) are lit both inside the houses to make it illuminated at night. The five-day festival is considered to be of great importance as it shows reverence to not just the humans and the gods, but also to the animals like crow, cow and dog who maintain an intense relationship with the humans.





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## 8.1. Gai Tihar/Cow Day/Laxmi Puja



We also worshipped the cows which we have in our farm. The children enjoyed dancing and visiting all the houses of the neighborhood with musical instruments singing and dancing known as Desui Bhailo by collecting money, fruits and Sel-roti (a special type of Nepali bread made by rice flour and Sugar). Similarly our children played the Desui Bhailo and collected some money, fruits and selrotis.





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## 8.2.Bhai Tika

The fifth and the last day of Tihar is Bhai Tika, where sisters put seven colors tika on the foreheads of brothers, to bless the long life security, and thank them for the protection they give. It is believed that Yamraj, the God of Death visited his sister Yamuna on this particular day. Where she applied the auspicious tika on his forehead, garlanded him and fed him with special dishes. Together, they ate the sweets, talked and enjoyed themselves to their heart's content. While parting Yamraj gave her a special gift as a token of his love and in return Yami also gave him a lovely gift which she had made with her own hands. That day Yamraj announced that anyone who receives tilak from his sister will never be thrown to death on that day. A special garland is made for the brothers out of a flower that wilts only after a couple of months, symbolizing the sister's prayer for her brother's long life. Brothers sit on a floor while sisters perform their puja. The puja follows a traditional ritual in which sisters circle brothers dripping oil on the floor from a copper pitcher applying oil in brother's hair, then 7 color tika is applied on brothers forehead. Then brothers give tika to sisters in the same fashion along with exchange of gifts. This is practiced regardless of whether brother is younger or elder to the sister. Those without a sister or brother join relatives or friends for tika. This festival brings close relationship between brothers and sisters.

Similarly our girls put the seven colors tika on the forehead of their brother. They were extremely happy to celebrate this festival. Girls who have their own brother, she put to her own brother and girls who didn't have put for new brother. Likely, Ashmita put tika to his brother Kamal and Ashish and Bhumika put tika to Bidek. They exchanged gifts each other. Some of the volunteers had also made brothers and sisters from Rainbow family. This time, we had Australian, Spanish, England and Switzerland volunteers in Bhai Tika.

Rainbow big girls got one more opportunity to put tika to the guests of Butterfly Foundation and Western Hotel Association Pokhara. The guests were from USA, Australia, Norway, China, Switzerland, Germany and other countries. The guests were fascinated by the culture of Nepalese. Our children had played Deusi Bhailo with them.



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## 8.3.Tihar Photos



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## 9. House Coloring

Children home had not been colored from some months. It has to be colored so we hired two men to color our children home. They colored the wall of our home.





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## 10. Children Visited Sarangkot

Some of our children visited Sarangkot in November 7th 2014 and they stayed there and back next day. Children were happy to visit Sarangkot. They saw the sunset and full moon too in which some children experimented with extreme settings of a DSLR camera. They stayed overnight in a hotel and the next morning they woke up early, went to the top, tower too see sunrise and the majestic mountains. For some children it was a new exciting visit.



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11. Birthday of November 2014



November 10, 2014, Bhumika and Manisha birthday party.



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## 12. Public Library visit

To develop reading habit American Corner Pokhara/Pokhara Public Library organized a Library program "Students in Library" on Nov-15, 2014 . Rainbow Children Home Nepal participated in the program with 22 children. Mr. Khim Lammichhane representatives of Rainbow Children Home Nepal .Children visited the library, read books, magazines and watch documentary also. They also used elibrary and played computer games.



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## 14. Annual Picnic 2014

In November 28, 2014 we organized the annual picnic program for Rainbow family. Like the past year, this year we had a picnic with Rainbow Handicraft. The children of RCH and the women of RHN celebrated the picnic together joyfully. Our children and staffs were at the picnic. Picnic spot was Kade which is about 20km far from Pokhara valley. We had two buses and canteen for food. We had arrived there around 9am. We had Asha, Ritesh and Sabina in this picnic program. As they are being home supported. The schedule followed is given below. Likely Rainbow family and the women of handicraft celebrated the annual picnic 2014.

Time	Action
9am	Arrived at Picnic Spot
10am	Had breakfast (Egg, Bread with Jam and Tea)
12:30pm	Simple Lunch(Chicken, Beaten Rice and .....)
1-2pm	Children Danced, Played the different games and took photos
2:30pm	Children had hard lunch(Special <u>rice, vegetables and mutton</u> )
3pm-4pm	Dancing and taking photos
4-4:30pm	Ready for back home
4:30-6	Arrived home





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## 14.1. Annual Picnic 2014 Photos



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## 15. Celebrating Merry Christmas 2014

We celebrate merry Christmas in 25th of December by sharing gifts, having special food and dancing. Before a day, children painted the pots of flower with beautiful colors. Beautiful colors of lights were also decorated. As always we provided presents to our children. They had a special dinner, Khir (rice pudding). This time we have Laxchin's small brother Ajib who had come to meet Laxchin and Bikash with his mother. He was also presented him gift. Like the last year, children celebrated Merry Christmas happily.





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## 16. Sports Meet of Children

In 26th and 28th of December, children of Shree Tal Barahi School had sports meet. Our children took part in different games such as Basketball, Volleyball, Race, Musical Chair, Sweets race and Spoon Race. Some of the children won the prizes whose names are listed below:

- a. Dev Gurung- 2nd in sweets race and 3rd in Balloon Blast
- b. Mahesh Bohara- 1st in Spoon marble race, 2nd in Race, 2nd in Balloon Blast and 3rd in sweets race.
- c. Susmita BK- 1st in Race and 2nd in Musical Chair
- d. Ashish Khanal- 1st in Race, 1st in Basketball and 1st in Volleyball
- e. Raju Thapa Magar- 1st in Basketball, 1st in Volleyball and 2nd in Race
- f. Sandesh Dhakal- 1st in Basketball
- g. Asmita Khanal- 1st in Race and 1st in Volleyball
- h. Sudip Gautam- 3rd in Race
- i. Deepak BK- 1st in Basketball
- j. Bhumika Chalaune- 1st in Volleyball
- k. Anita Nepali- 1st in Volleyball
- l. Sanju Nepali- 1st in Volleyball
- m. Kamal Khanal- 2nd in Basketball, Volleyball and Table Tennis





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## 17. Maghe Sakaranti Celebration



On 15th of January 2015 our children celebrated Hindu festival, Maghe Sakaranti. They had a special food in which they had steamed Sweet Potatoes and Aurum.



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## 18. Birthday Celebration



On 15th of January 2015, we celebrated our children birthday. This time we celebrated December and January children birthday at the same time. The December birthday children are Asha Thapa Magar, Bidek Pariyar, Sudip Gautam and Samjhana Poudel. The January birthday child was Sagar Gautam.



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## 11. New Girl, Sita Bogati

DOB: 18-04-2006

Sita Kumari Bogati is a sister of Kalpana and Tulasha Bogati. Sita was brought at RCH on 14th of August 2014 by their relatives. Kalpana and Tulasha have all together 7 sisters. Tulasha is second, Kalpana is fourth and the Sita are fifth sisters. The big and the third sisters are working in their relative's home. Now, one of the twin sisters is with their family and one is with the relative. Tulasha and Kalpana are in RCH with us since June, 2010. Their relative requested us many times to get Sita at RCH. During the birth of twin daughters, their mother had heavy bleeding. She could give birth to the twin daughters but she could not save her life. In addition, their mother did not get nutritious food and treatment in time. Their father got married again and got son. Sita was in miserable condition that she could not get opportunity to study. She had to look after her step mother's son and her small sisters. So we got Sita in Rainbow Children Home Nepal.

We found Sita, a very special girl you can ever see her with smile face. She is a kind of emerging girl. We hope she will study well and make difference in her community in the future. She is so much happy with her two sisters Tulasha and Kalpana at RCH. We will do admission of Sita very soon.



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## 11.School Result

National Inventive Higher Secondary Boarding School  
Baidam, Pokhara, Nepal  
Estd:2055 B.S.

**PROGRESS REPORT CARD**  
*Third Term 2071*

REG NO : 067/075 NAME : LAKCHIN B.K.  
CLASS : TWO SEC : B ROLL NO : 1

SN	SUBJECTS	FULL MARKS	PASS MARKS	OBTAINED MARKS			CLASS HIGHEST
				TH.	PR.	TOTAL	
1	ENGLISH II	100.0	40.0	97		97.0	97
2	MATHS	100.0	40.0	96		96.0	100
3	G.K.	50.0	20.0	50		50.0	50
4	NEPALI II	50.0	20.0	50		50.0	50
5	ENGLISH I	100.0	35.0	73	24	97.0	97
6	NEPALI	100.0	40.0	73	25	98.0	98
7	SCIENCE	100.0	40.0	74	24	98.0	99
8	SOCIAL STD.	100.0	40.0	73	25	98.0	99
<b>TOTAL</b>		<b>700.0</b>	<b>275.0</b>	<b>586.0</b>	<b>98.0</b>	<b>684.0</b>	

RESULT: PASS Percentage : 97.71  
DIVISION: Dist Position : 1

KEY TO GRADE	KEY TO PERCENTAGE	PERSONAL DEVELOPMENTS
A - Excellent	80% and above - Distinction	1. Home work activities
B - Good	60% and above - First Division	2. Personal appearance
C - Satisfactory	50% and above - Second Division	3. Discipline
D - Poor	40% and above - Third Division	4. Extra activities
Remarks: Congratulations! Keep it up.		5. Conduct
Attendance: 56/57		

Date : 2071/09/30  
Class Teacher: [Signature] Principal: [Signature]

**BUDS ACADEMY**  
POKHARA-16, BAIDAM  
THIRD TERMINAL EXAMINATION 2071

Reg. No : 2070/279 Name : ANITA RANABHAT  
Class : ONE Section : A Roll No. : 2

S. No.	Subjects	Full Marks	Passed Marks	Obtained Marks			Class Highest
				Th.	Pr.	Total.	
1	English	100	40	96.0		96.0	99.0
2	Nepali	100	40	92.0		92.0	99.0
3	Maths	100	40	100.0		100.0	100.0
4	Social Std.	100	40	98.5		98.5	99.5
5	Science	100	40	96.0		96.0	99.0
6	G.K.	50	20	50.0		50.0	50.0
7	Hand Writing	A	C	A		A	A
8	Drawing	A	C	A		A	A
9	test	A	C	0.0		0.0	99.4
<b>Total :</b>		<b>550.0</b>	<b>220.0</b>			<b>532.5</b>	

Result : Passed Percentage : 96.8  
Division : Dist Position : 3

ATTENDANCE Total Present Days : 55  
Working Days : 55 Absent Days : 0

Remarks: EXCELLENT!

Date : 2071/10/4  
Class Teacher: [Signature] Principal: [Signature]

## Laxchin BK Class 2 and Anita Ranabhat Class 1

As always our children have brought very good marks in the exam. Our children has been progressing very good at school. These are the marksheet of Third Terminal Examination. Around March our children's annual exam will start.