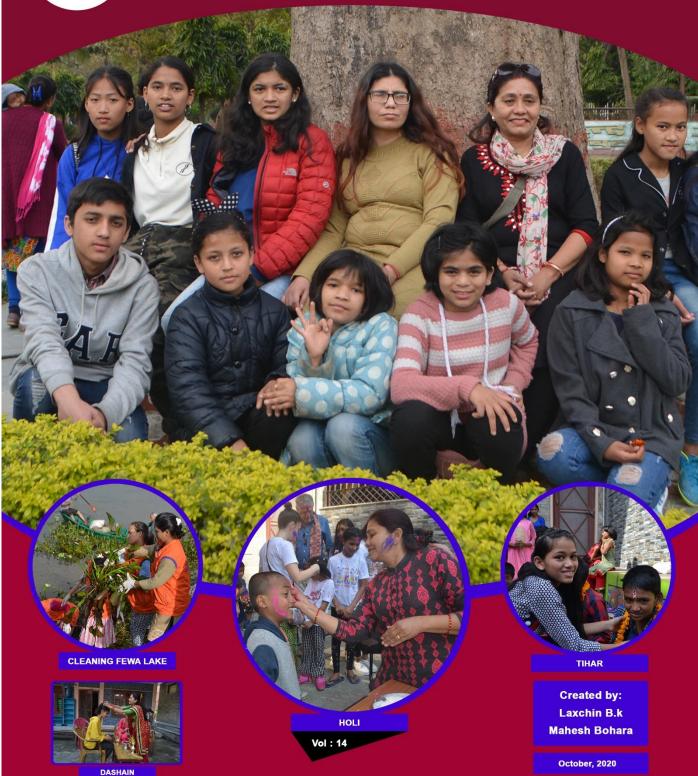
"A Loving Secure, Home for Orphan Children of Nepal"





Rainbow Children Home-Nepal

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NEWSLETTER



Message From The Director:

It is our delight that we are publishing our regular edition of quarterly newsletter. This Newsletter is like a preamble of Rainbow Children Home. I would like to express sincere Thanks to all the stakeholders for their continuous help and support to our organization Rainbow Children Home and Rainbow Handicraft Project in many ways directly and indirectly. This E-Newsletter is a kind souvenir to you from us with lots of updated information regarding the developments of few months. Like our programs, festivals, Birthday, celebrations and about children and things happening to our home. We regularly give computer training to our children with the help of Sagar and Sudip. Hope you will get a bit more information about our children home and events from this E-Newsletter.

I would like to express my special thanks to all the supports. Our work would not have been completed without the co-operation, help and support of you all. We are all part of big cause in service since we started.

Due to Covid-19, things are not going smooth but we are trying to get through it. Once again I would like to express BIG THANKS to you all and hope your continuous support.

Goma Dhakal Managing Director

1. CLEANING FEWA LAKE



Fewa Lake, which is near to our orphanage was polluted due to some reasons. Different NGO and INGO planned to clean Fewa lake. So, board members along with bigger children went to clean the lake. Such social workers has inspired our children to work together with community to develop our society.





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2. DASHAIN

We also celebrated the biggest festival of Hindu, Dashain. In this festival, people usually go to their relative's house to put tika and Jamara and get blessings of long, healthy and a happy life. Like every year, some of the children went to their village and some stayed at the orphanage.



This festival also Mark's buying mountain goats and all the families gather and prepare a big feast. In addition, there were other varieties of foods like fruits, homemade rotis, nuts and pickles. We also bought two big mountain goats for Rainbow family. Also children got new pair of clothes in Dashain. This festival is celebrated for 10 days but the school and office institution are closed for 15 days.







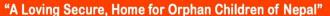
3. TIHAR

Tihar which is celebrated after Dashain is the festival of bond between brothers and sisters which is also called festival of lights. In this festival, sisters put colorful tika (7 different color) on brother forehead and brother treat them with special gifts.



Also, in this festival people make a group and visit the house of their relatives and play Deusi Bhailo. Deusi Bhailo is the song that is sang during the festival. We, Rainbow family also play Deusi Bhailo in Tihar. Our children also put tike and exchange gifts to each other. Everyone was so much gratified celebrating the festival.







4. LUMBINI VISIT

On February, 2020 we went on a small trip to CG temple and Lumbini. Including some staff members along with children we reserved a bus and went to the location. We were about 45 people and the trip was of two days. We started our trip 8 in the morning. Everyone was very excited to visit the birth place of lord Buddha, Lumbin and CG temple.













First day we visited CG temple and second day we went to Lumbini and then we came back home. Everyone enjoyed the trip and got chance to know new place. It was an awesome memorable trip. Thanks to all the helping hands who supported us directly and indirectly.



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5. DENTAL CARE





Rainbow Children Home organized a dental checkup programs for all the children as well as the staff on 30th September. The group of Kantipur Dental hospital /college were here to check dental condition of children. Everyone are happy to get regularly dental checkup.



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6. HOLI





Holi is a popular ancient Hindu festival, also known as "festival of colours", or the "festival of love". The festival signifies the victory of good over evil. We also celebrate the Holi festival in Rainbow Children Home. In this festival people put colorful powder in each other face and play with the colors.







7. CHRISTMAS



We also celebrated Christmas at Rainbow Children Home-Nepal. This time we had a group of nepali volunteers who were dressed like Santa Claus. All the children got surprise gifts from Santa Claus. We also had organized a rice pudding for everyone. Everyone sang and danced at the night. It was a memorable time. Thank you for your kind support.









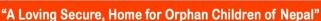
8. MOTHER'S DAY





Like every year, 13th Baisakh (Nepali date) Mother's day also known as Amako Mukh Herne Din was celebrated at Rainbow Children Home. It was the special day for Goma because everyone in Rainbow Children Home call her Mother. So that day, Goma put tika to all the children and children gave gifts. Goma was so happy with the children. Rainbow Family is so much thankful to Goma for being an ideal mother.













9. EXTRA ACTIVITIES

Due to Covid-19, everyone was stuck inside home. We also had nothing special plan for our children. Our children couldn't go park, so we managed to utilize the space we had and made a badminton court.



OWe also had a table tennis board which our children are passionate about. We also organized a badminton and a table tennis tournament. Our children loves watching movies and cartoons. Rather than only study, our children are also good at other curriculum which will obviously help them in their future.



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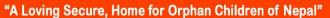
10. ANNUAL PICNIC

Like every year, we went picnic from Rainbow Children Home. We went to place called Pame which is where the Indreni Organic Farm is. We went there at 8 am. All the children and board members were present there. We had also invited the home supported children.



All the Children enjoyed the picnic. They also play football. We had organized different games like Tug of War, Sweet Race, Breaking Pot Games .Enoch and other people cook for the children. It was really a great time. We come back at 7 pm. Home supported children were happy to meet friends form Rainbow.







11. JANAI PURNIMA

Like every year, we also celebrated Janai Purnima in Rainbow Children Home. During the festival, goma and the family began the festival by performing cultural rituals. Sagar Gautam became the priest of home, and nearby neighbors tying the threads on to others reciting the traditional mantras used in the festival. In this festival, Goma gave tika on forehead, fruits and blessing to the children. This festival also makes the bond between brother and sister stronger. Brother and sister also exchange gifts.



Our children also enjoyed the delicious and nutrients food in the lunch. Our children are happy to get opportunity to celebrate Janai Purnima. Thank you so much for your support to our children home.



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12. WARM CLOTHES DISTRIBUTION

This winter we went to distribute warm clothes to Chepang Basti. Along with Goma, Biki and other two staff from the orphanage went to distribute warm clothes. Before the day we distribute, we loaded the vehicle with full of warm clothes and mattress. We started our trip at 6 o'clock and reached there at 2.









We were welcomed by the local people with tika and scarf. Around 80-100 people were waiting for us. We gave every family 6 pairs of clothes and mattress. Everyone was very much pleased to get warm clothes and mattress. Thank you so much who has helped to make this possible. We really admire your support.



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13. TRAINING

During the lockdown, eventually schools shut down and children had nothing to do. So, we planned to give them trainings, some children went farm for agriculture training and some stayed at home for computer classes. Kids who went to farm learned how to grow vegetables, make compost manure.



Kids who stayed in orphanage learned about photography, video editing, photoshopping. Mahesh and Laxchin are so much into computer that they can do graphics design, webpage and website design. Along with the help of sagar, our children also made a short movie which can be viewed on youtube. Our children have utilized their time so much that we are very much pleased that our kids are much practical and skillful than other kids living with their family. Now, school have started online classes so children are busy studying and doing their assignments. Thank you so much for helping us now and then.





