

"A Loving Secure, Home for Orphan Children of Nepal"

VOLUME: 16

# NEWSLETTER



**RAINBOW  
CHILDREN  
HOME-NEPAL**



[www.orphancarenepal.org](http://www.orphancarenepal.org)  
[www.orphannepal.org](http://www.orphannepal.org)



[orphancarenepal@gmail.com](mailto:orphancarenepal@gmail.com)  
Dihikopatan-06, Pokhara, Nepal





# NEWSLETTER

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## Message From The Director:

Greetings everyone, what a year it has been. Only 8 months ago I was battling my life in the ICU due to severe covid pneumonia and am still in the process of recovery but I am able to take part in daily activities once more. Once more I would like to express I am grateful to the whole community sponsors, friends, volunteers and all the supporters of our organization for the prayers which echoed around the world for me. We are also thankful for the financial support from many of you sent specifically to make sure I got the best treatment here. It helped to cover around 50% of the \$21000 that was spent in hospital as well as arranging everything that was needed for me.

I am glad I am back and thankful everyone and God for letting me breathe again. Breathe, that was what I was finding the most difficult thing to do. But the nightmares over and I approach life in a less stressful way. The organization, the system, the children, it is something very special to us and we will keep our best efforts in making sure the organization does well.

I recently returned back from India two weeks ago but was to be with my daughter who had a spinal surgery. 14 years ago she had an accident and problems in the back started interfering so she had to go through a minimal invasive surgery to cut away sections of the spinal bones which were deformed because of collision. She has to take care for few months until the bones regrow in the original shape and she can have the same strength and flexibility she could have had. All is well.

But probably with the efficacy of vaccinations, and less powerful mutations of the Sars Cov 2 strains, it seems we are on a much better positions overcoming all the fears we had last year. However, we must all also adhere to the guidelines of sanitation and isolation in case of probably contraction.

# NEWSLETTER

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Yet it is a tragedy when another war has broken out which is going to create humanitarian and economic problems to millions of people for long years to come. And listening to the growing possibility of an all out nuclear war each day is a serious threat to the existence of our human civilization because let's face it, there will be no winner and humanity will be the biggest loser if it were to happen so. This has fueled the Global crises in food, commodities and essentials at a time where there was just first rays of light to respond to global recession had shined. The merits of Globalization are gradually taking more and more casualties and many of the global systems that run the current world are indeed being challenged of being disintegrated. I know it's the same all around the world but out here the price of food has increased significantly, gas and fuel prices have doubled, inflation has been at all time high, so many jobs have gone away, and all economies are taking big hits which isn't really sustainable. And there seems to be more printing of money from the central banks all around the world to deal with the recession. And the end of the day we hope there will be peace, prosperity and happiness all around the world.

A worst tragedy that has happened to us. On the second week of January, Bidhek who liked this name better than what we used to call "Buddhi", who had stayed here was misfortunate to be in an accident which took his life. It was at a time when I was admitted in the hospital in Pokhara due to pancreatitis which I got each time after a week beginning my immune suppressant medication. So I also received the message after number of days. He had recently moved to Chitwan leaving his sewing job in Pokhara to start a family life with his brothers and relatives. Majority of them work at construction sites and as we were informed by his brothers, and his uncle, we weren't working back then but it was just that day he decided to work there with his uncle and aunt. On the way back from the site, he was sitting on a mixer machine that had adjusted custom seats to adjust for transportation of few workers if need be but wasn't a proper seat or transportation vehicle. In addition, the driver was drunk, had previous record of similar accident, and his driving was so reckless that on an offroad road, Bidhek fell from his seat and was dragged by the vehicle for 50 metres and received very sensitive injuries to his head. He passed away at the gate of the hospital and there was anyone could have done anything about it. We miss him dearly and it's a very heavy heart to write all of this. He had gone Chitwan to start living with his brothers and uncle and aunt and was the key initiator of uniting his family. He was also planning to get married. We can only imagine what it must be going with our dear friend Ro and Tony Costello who had been through all this decade organizing supports but most importantly being there as a grandmother, as a grandmother and as a godmother as she was there all along his side supporting him in any way to make him a moral, responsible, independent adult that he was transforming into. Such incidents cause traumas to us that sometimes changes us for the rest of our lives.



# NEWSLETTER

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This has been a year of traumas. One thing's true, he is going to be in our hearts and memories for all our lives.

Going back to the current situation in Nepal. These days life seems more normal than it had been since 2019 as businesses are open, events and gatherings have been taking place and statistics report Covid is under control. But business isn't normal anymore and there aren't many tourists around Pokhara. We've hardly had one volunteer. We also understand that at such times recessions happen and it affects globally so we do understand everyone is going through an increased cost of living. Maybe things will improve, lets hope. We haven't been able to do sales or production of handicraft like before, so no women have been working with us ever since. Throughout these years we did have few small orders and have been using up our stocks so we can start with very small production soon with limited women. We will see as there are like 20% than what is used to be. Travel is an important part of the culture so there will be eventually time for that. Also internal tourism has picked up in Nepal where people are more outgoing to different places. But the trend here is young people like to go parties, clubs and fancy places so things like farms and homestays also don't have people coming in. Usually it would be social clubs and organizations but they aren't as active anymore. Any active community members were also affected highly by Covid.



Goma Dhakal  
Managing Director



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RAINBOW CHILDREN HOME-NEPAL

## 1. Picnic

Like every year, we went picnic from Rainbow Children Home. We went to place called Khapaudi which is beside the Phewa Lake. We went there at 10 am. All the children and board members were present there. We had also invited the home supported children.

All the Children enjoyed the picnic. They also played football. We had organized different games likes Sweet Race, Breaking Pot Games. Board member and staffs for the children support to cook food. It was really a great time. We come back at 6 pm. Home supported children were happy to meet friends from Rainbow. Children also enjoy the food, games and picnic after two years.



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## 2. Christmas



Like every year we celebrate all kinds of festivals. We also celebrated Christmas at Rainbow Children Home-Nepal. Like usual this time also one of our child become Santa Claus. All the children got surprise gifts from Santa Claus. All the children were very delighted at this time. We also had organized varieties of food for everyone. Everyone sang and danced until the night. It was a memorable time. Thank you for your kind support. It wouldnot have been possible without your support.

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### 3. Annual general Meeting

Rainbow Children Home-Nepal organized an Annual General meeting program. All the board members, children, chief guest from different organizations and other social workers were presented. Our treasure presented financial reports and future budget to the meeting, at the same time our president described the future programme of the RCH, we also distributed a copy of the reports to all them. Invited chief guest and other guest spoke about Rainbow Children home activities and many people congratulated for the sucessfully running this home. After the program was over we have arranged food for all of them. This was the first time Goma joined any program after wining severe Covid.



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## 4. Shivarati

Maha Shivaratri is a Hindu festival celebrated annually in honour of the god Shiva. The name also refers to the night when Shiva performs the heavenly dance called Tandava. It is a major festival in Hinduism, and this festival is solemn and marks a remembrance of in life and the world. It is observed by remembering Shiva and chanting prayers, fasting, and meditating on ethics and virtues such as honesty, non-injury to others, charity, forgiveness, and the discovery of Shiva. In this day our children enjoy Sugarcane and have fun with their friends. And our girls worship Shivaji in the temple which is near by their school.



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## 5. Children Birthday



Like every month, we had organized a birthday party in the orphanage. As it is not possible to celebrate the birthday of all the children individually, so the birthday of the related month is celebrated at the last of the related month. All the staffs and children participated in the birthday. All the children enjoyed the birthday party by dancing and singing. We will continue to celebrate the birthday of children in upcoming months also.

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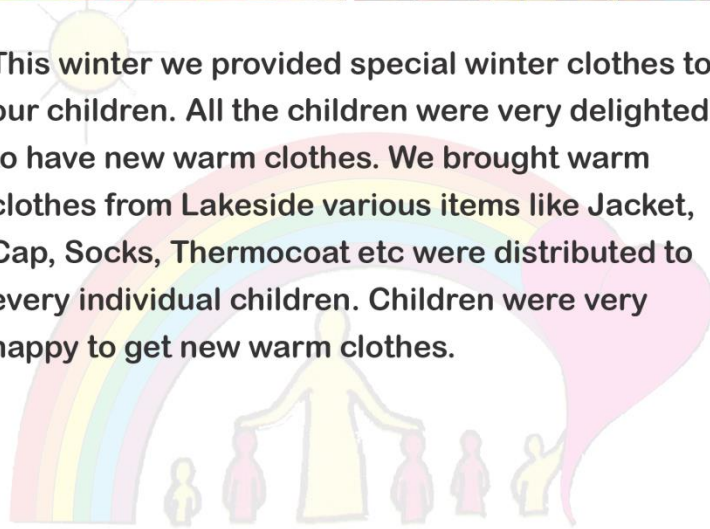
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## 6. Warm Clothes



This winter we provided special winter clothes to our children. All the children were very delighted to have new warm clothes. We brought warm clothes from Lakeside various items like Jacket, Cap, Socks, Thermocoat etc were distributed to every individual children. Children were very happy to get new warm clothes.



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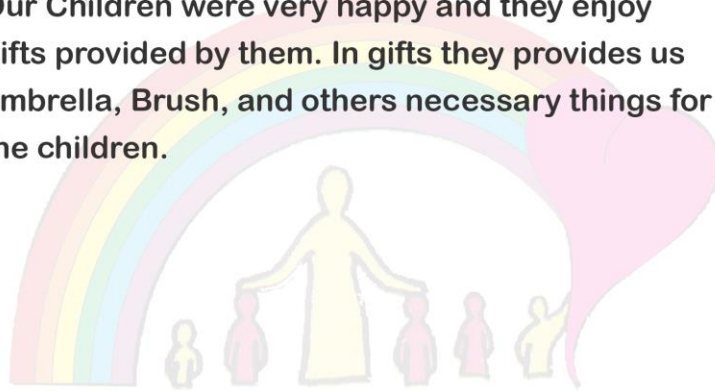


## 7. Gifts Distribution



Finally, we had just a couple of visitors this year. They distributed gifts to the children.

Our Children were very happy and they enjoy gifts provided by them. In gifts they provides us umbrella, Brush, and others necessary things for the children.



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## 8. New Volunteer

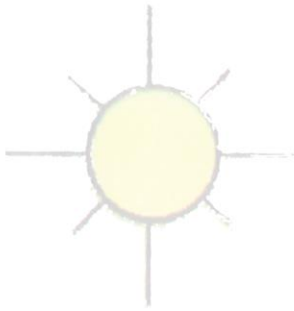
After a long time, we have a volunteer from Germany. She stayed two months and helped children with their homeworks. Dropping children to school & picking up. Children are loving and spending time with her. During the holiday they spend time watching movies "It was an honor to meet all these wonderful people. The opportunity to get an insight into the structures of a children's home from an economically weak country has enriched me a lot. I was able to gain the awareness to re-evaluate my privileges. An unforgettable time, instructive for whole life she expressed".



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# **THANK YOU**



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