

"A Loving Secure, Home for Orphan Children of Nepal."

# NEWSLETTER

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## RAINBOW CHILDREN HOME NEPAL



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# NEWSLETTER

## Message From the Director:



I hope this message finds you well. It gives me great pleasure to share with you some of the latest developments here at Rainbow Children Home Nepal.

Over the past few months, we have celebrated several festivals with our children, including Dashain, Tihar, Teej, Holi, and Christmas. These festivals provide a wonderful opportunity for our children to come together, learn about different cultures, and have fun. During these celebrations, our children played games, sang songs, and danced with joy. It was truly heartwarming to see their smiling faces and the sense of community that was fostered amongst them.

We also took the children on a picnic to Pame, which was a special treat for them. It was a beautiful day, and the children enjoyed being outside, running around, and playing games. We also treated them to some delicious food, which they relished. It was a day filled with laughter, joy, and happiness, and it was a great bonding experience for the children and the staff.

All of these activities would not be possible without the generous support of our donors and supporters. We are immensely grateful for your continued support, which has allowed us to provide a safe and nurturing environment for our children to grow and thrive.

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As we move forward, we remain committed to our mission of providing quality education, healthcare, and life skills to our children. We are continuously striving to improve our facilities and programs, and your support plays an integral role in making this possible.

On behalf of all of us at Rainbow Children Home Nepal, I would like to express my sincere gratitude to our supporters and well-wishers. Your contributions have made a significant impact in the lives of our children, and we are deeply grateful for your continued generosity and support.

Thank you for being a part of our journey, and we look forward to working together towards our shared goal of providing a better life for these wonderful children.

Sincerely,

Goma Dhakal  
Director, Rainbow Children Home Nepal



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# Janai Purnima



Rainbow Children Home Nepal celebrated the auspicious festival of Janai Purnima with great fervor and excitement. As per the tradition, Sagar Gautam became the priest of the home and performed the rituals of tying sacred threads on to others while reciting the traditional mantras.

The festival signifies the bond between siblings, and the children at the home exchanged gifts and blessings with each other, strengthening their relationship. Goma, who led the festivities, gave tika on the forehead of the children and blessed them with fruits. The children relished the delicious and nutritious food served during the festivities.

Janai Purnima is a beautiful festival that brings people together and teaches them to appreciate the bond of siblinghood. At Rainbow Children Home, the celebration of this festival provided the children with an opportunity to learn and experience the rich cultural traditions of Nepal while also having fun and enjoying the festivities. The children were thrilled to be part of the celebrations and were grateful for the opportunity to celebrate Janai Purnima.

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# Teej



We are ecstatic to share with you the wonderful celebration of Teej at Rainbow Children Home Nepal (RCH) this year. Teej is an important festival for women in Nepal, and it was celebrated with great enthusiasm and joy at RCH, with both boys and girls participating in the festivities.

At the Teej Party held at RCH, special guests were invited to join the children and staff for the celebration. A special dish, rice pudding or dar, was served to all the children, who enjoyed it immensely. The girls and boys danced and sang together throughout the day, creating a festive and joyous atmosphere.

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# Annual General Meeting

We are pleased to announce that the Annual General Meeting program of Rainbow Children Home-Nepal was successfully organized this year. The event was attended by general members, board members, children, and esteemed guests from different organizations and social workers.



During the meeting, our Treasurer presented the financial reports and future budget of Rainbow Children Home, which showcased the effective use of the funds received from our donors. Our President also outlined the future programs of the home, with a focus on expanding our services and activities to better cater to the needs of our children. We were delighted to receive positive feedback from the Chief Guest and other guests, who spoke about Rainbow Children Home's activities and achievements. We are grateful for their support in our mission to make a positive impact in the lives of children in Nepal.

To conclude the program, we arranged for food to be served to all attendees. It was a wonderful opportunity for everyone to come together and share a meal, exchanging ideas and building relationships.

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# Dashain

We are pleased to share with you our recent celebration of Dashain at Rainbow Children Home Nepal (RCH-N). Dashain is the biggest festival of Hinduism, and we celebrated it with great joy and enthusiasm.



During this festival, people traditionally visit their relatives' houses and receive blessings from their elders. They also receive tika (a mixture of rice grains, yogurt, and vermilion powder) and jamara (a sacred grass) as a symbol of good luck and prosperity. Some of our children went to their villages to celebrate Dashain with their families, while others celebrated it at RCH-N.

This year, we bought two Himalayan goats for the occasion, and our children enjoyed the meat of the goats. They also visited their relatives' houses to receive tika and jamara, as is customary during the festival. It was a wonderful opportunity for them to connect with their roots and culture.

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# Tihar



We are delighted to share with you the celebration of Tihar at Rainbow Children Home Nepal. Tihar is one of the biggest festivals in Nepal, and it is a time when families and friends come together to celebrate with lights, food, music, and love. Our children at Rainbow Children Home Nepal also celebrated this festival with joy and happiness.

During Tihar, sisters put colorful tika on the forehead of their brothers as a symbol of love and blessings. Brothers, in turn, give gifts and blessings to their sisters. Our children also exchanged gifts with each other and put tika on each other's foreheads. They enjoyed the festival by playing deusi bhailo, a traditional Nepalese song and dance performed during Tihar. Additionally, our children went to Mum's garden, which is near our home, to put tika for other foreigners.



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# Donation



Our orphanage receives generous donations from guests who want to help our children. Our guests donate food, clothes, and money, and some even spend time with our children.

They also make dinner for the children and donate stationery materials to help with their studies. Most guests choose to donate during their birthday, which is a wonderful way to celebrate and give back to the community. We appreciate the kindness and generosity of our guests, and the donations we receive help us provide the necessary resources to our children. We thank our guests for their support and look forward to continued donations in the future.

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## Guest's Birthday

We had the pleasure of celebrating a guest's birthday recently. Guests often visit the home and express a desire to share their special day with the children. Before the celebrations, the guests always seek permission to celebrate their birthday with the children, which is granted by the home.

On this occasion, the guests brought a cake and chocolates for the children, and sometimes they also bring stationery materials. The children were thrilled to have such special guests celebrating their birthday with them. The celebrations were filled with joy and happiness, and the children also shared their talents with the guests.



At Rainbow Children Home, we value the opportunity to create such meaningful experiences for our children. Such celebrations allow them to connect with people and learn new things while having fun. We are grateful to our guests who share their special moments with our children and make their birthdays memorable.

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# Christmas



At Rainbow Children Home-Nepal, we believe in celebrating all festivals with equal joy and enthusiasm. And Christmas is no exception. This year, we organized a special celebration for our children and staff members.



One of our children, who was selected as Santa Claus, surprised everyone by distributing gifts to all the children. The excitement and happiness on the faces of our children were truly priceless.

They danced, sang carols, and enjoyed the delicious food that was prepared for the occasion.

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## Panchase Visit

We are elated to share that our children and staff members recently went on an exciting trip to Panchase. On January 7th, 2023, we set out on our journey at 10:30 am, with two reserved vans and a group of 21 people, including two volunteers.



The trip was planned for two days, and everyone was thrilled to explore the beautiful location. We brought along some food for the trip and enjoyed a quick meal before embarking on a hike up the hill. The views were breathtaking, and we were able to spend a night in the area before waking up early to catch the sunrise. The sunrise was an unforgettable experience, and we all enjoyed taking in the stunning views.

After a fantastic trip, we returned at 3 pm, feeling grateful for the opportunity to explore and connect with nature. The trip was an excellent opportunity for everyone to bond and create new memories, and we are pleased that the children and staff members had a chance to get away and enjoy themselves. We look forward to planning more trips like this in the future and continuing to provide our children with exciting opportunities to explore and learn.

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# Maghe Sankranti

We are thrilled to share that Maghe Sankranti was recently celebrated at Rainbow Children Home-Nepal. This festival is traditionally celebrated on the first day of Magh and is an important occasion for Nepali people to welcome the arrival of spring and give thanks for the root vegetables that have sustained them throughout the winter months.



To mark the occasion, special dishes of Tarul (Molasses) and Yam were prepared for the children at Rainbow Children Home. The children were able to enjoy the delicious food and learn about the traditions associated with Maghe Sankranti.

Some of the children also had the opportunity to visit their nearby relatives' homes, which was a valuable opportunity for them to connect with family members and celebrate the festival with loved ones.

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# Children's Birthday



Rainbow Children Home Nepal celebrated the birthdays of the children born in the same month. The birthday party was organized at the end of each month, which was attended by all the children and staff members. The children were excited to celebrate their special day with their friends and caretakers. The party was full of fun activities including dancing, singing and games.

The staff members decorated the venue with balloons, streamers and other decorations. The birthday cakes were also specially ordered for the children, and they were delighted to cut and share the cake with their friends. Each child was given a small gift as a token of love and appreciation from the orphanage.

The birthday party is an important event in the orphanage as it not only celebrates the children's special day but also helps them feel loved and cared for. It brings joy and happiness to their lives and helps create a positive and nurturing environment. The staff members hope to continue organizing these birthday parties every month to make the children feel special and loved.

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# Shivaratri



Rainbow Children Home Nepal recently celebrated Maha Shivaratri, a Hindu festival that honors the god Shiva. This festival is observed by remembering Shiva and engaging in various activities such as chanting prayers, fasting, and meditating on ethics and virtues such as honesty, non-injury to others, charity, forgiveness, and the discovery of Shiva.

The children at Rainbow Children Home Nepal enjoyed sugarcane and had fun with their friends on this day. Additionally, the girls at the home worshipped Shiva in the temple located near their school. It was a day full of festivities and celebration for the children, who were able to learn more about their culture and traditions while having fun with their friends.

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# Picnic

We are honored to share with you our recent celebration of a picnic at Rainbow Children Home Nepal. As part of our annual tradition, we organized a picnic to a beautiful place called Pame. The day was filled with fun and joy as all the children, board members, and home-supported children were present there to enjoy the day.



Various games were organized, including a sweet race, breaking pot, balloon blast, and more, which added excitement to the day. We were also grateful for the help of Enoch and other volunteers in cooking food, which was enjoyed by everyone.

The home-supported children were particularly happy to meet their friends from Rainbow, and it was heartwarming to see the bond of friendship between them. Our children and board members enjoyed the day, which was filled with laughter and memories to cherish.

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# Fish Program



Rainbow Children Home took the children outside for food. This time our small children went a place named Khapaudi which is near to the lake at 1 pm. They reached there by our jeep.



Our children enjoyed the fish with different varieties and some other foods. Children enjoyed the beauty of the lake. They also sang and danced. Our children enjoyed the food.

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# Second Social Accounting



We are overjoyed to share that Rainbow Children Home-Nepal recently organized the second social accounting program. This event was attended by a diverse group of individuals, including board members, social workers, Chief Guests, children, and some of our local neighbors. The program was a wonderful opportunity for our neighbors to share their feedback and experiences with the organization. We were humbled by the kind words and encouragement that we received from our community members.



The financial reports of the organization were also presented during the program. We are committed to transparency and accountability in aspects of our organization, and the presentation of these reports is a reflection of this commitment.

# Holi

This year's Holi celebration at Rainbow Children Home Nepal was a day full of joy and excitement for the children. As the festival of colors, Holi is a time for people to come together and celebrate the triumph of good over evil. The children at Rainbow Children Home Nepal were no exception and they celebrated this festival with great enthusiasm.



The day started with the children gathering together to pray and offer their gratitude to the divine. Then, the celebration began with the children throwing colors on each other and smearing them on their faces. They were all dressed in traditional clothing, making the atmosphere even more vibrant and lively.

After playing with colors, the children participated in various games organized by the staff. The games were designed to promote teamwork, communication, and leadership skills. The children enjoyed playing these games and they had a lot of fun

# Women's Day



Rainbow Children Home (RCH) Nepal celebrated International Women's Day on March 8 with a special program organized for women. The day is celebrated across the world as a way to appreciate and show respect to women who play various roles in different spheres of life.

At RCH, the program was attended by board members and girls, and was aimed at recognizing and celebrating the important contributions made by women. In addition to speeches and other activities, RCH provided blankets, food, and some financial support to elderly women. This was a way for the organization to support and empower older women who may be facing challenges such as poverty and limited access to resources.

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## New Children



Rainbow Children Home Nepal is delighted to welcome Purnima Pariyar, Sumit Sharki, and Supreme Ghatri Magar to our family. Purnima, at four years old, is in nursery and aspires to become a dancer. Sumit, 11 years old and in grade 5, hopes to be an engineer in the future. Nine-year-old Supreme, who is in grade 2, dreams of joining the army. These children have come to us from different parts of Nepal, and we are glad to provide them with a safe and nurturing environment. We have admitted them to school and are committed to supporting them in achieving their dreams. We are grateful to our donors, supporters, and volunteers, whose contributions have made it possible to provide a home for these children in need.

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